

# BULLETIN

## OF THE

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### SAINTS AND SINNERS

Religion in all ages has drawn a distinct and definite line between the saint and the sinner, and has left on record pictures, more or less distinct, of each; it would seem, however, as if these, as now rendered, were somewhat wanting in that clearness and severity of outline which comes from scientific knowledge.

Is there, or is there not, a definite line of demarcation between the two states, so that each one of us can say and know scientifically (that is to the satisfaction of his intelligence as well as of his heart) that he is on the right path?

There are times in all of our lives when we *know* that we are "saved"; there are times of doubt; and there are again periods when we know that we are wandering—sometimes wilfully, at other times from sheer inability to find the track from which we ignorantly strayed. Is there, as there surely must be, a definite, clearly enunciated law that we could obey at such times which would surely and safely lead us again into the path?

Without such a safe-guard there is great danger of some men becoming self-deceived and believing themselves to be true disciples when they are not; while others who are Saints may morbidly doubt and fear.

Tradition has handed down through the ages a scientific teaching side by side with the religious, and although Science has, for centuries past, been divorced from Religion, yet the teaching is accessible, and is at the present time being brought to the attention of the awakening race.

There is no space in these short, heart-to-heart talks to do more than point to this possibility. A further gate is opened to those who would know more, through our Society.

The line of demarcation for which we are looking centers in the individual Will; it is drawn right through it in such a way that

the will forms a sort of pivot upon which it revolves. If we picture a ship's compass it may well represent our Life as a whole. The needle is so adjusted that it can point freely to any part of the ship, according to the direction taken, though it always points to the same magnetic pole.

A large portion of mankind live according to their impulses, with no thought of duty. Their needle is caused to point towards one desire after another, regardless of the line mapped out upon the chart which the ship should be steered to follow. Their lower will is active and unrestrained, while the higher will is sleeping or inactive. Thus they drift and never arrive at any port; they may hold themselves fortunate if they escape shipwreck endangering their own lives and those of others. These live for the *present* enjoyment and are on the wrong side of the line that divides the saint from the sinner.

Another class are not so shifting and helpless as the last but employ their wills to further their worldly interests although not in any other way; their needle points habitually towards the south instead of towards the north. These live for present profit and are on the wrong side of our line.

Others use their will to correct in themselves certain imperfections of which they are aware, but allow themselves to indulge in certain others that they favor although they know them to be vices and harmful as such. These live for present ease, and whenever we feel as they do, we are on the wrong side of the line and are victims of inertia.

Yet others use their will-power in the service of various vices which they follow more or less passionately; the greater the development of the will of these the further does it bear them away out of the true path.

A great number of us make every effort to live good lives, and to use our Will to that effect; our difficulty is in our circumstances and environment. This too is an obstacle to be overcome gradually by constantly keeping the needle steadily pointed towards the good, the true and the beautiful—not neglecting any one of the three. Many are apt to seek the good, and in a desultory way also the true, but they believe the beautiful to be beyond their reach. Or they idealize the good and the beautiful without the strength that comes from Truth. The truly advanced person is large, broad and tolerant, with a many-sided view-point, but with a prow steadfastly pointed towards his ideal.

There is a class of persons, steadily increasing in number today, who are perhaps in more danger than any of those in the groups mentioned. They have a will that has been cultivated and developed to a high degree, so that their whole nature is subjected to it and obeys its mandates. Instead, however, of pointing the needle towards the Divine, they direct all of this force towards the realization of material and selfish ends. They rejoice in their wealth and in the

accomplishment of their proud ambitions, living entirely with a view to the present; but they are walking on the slippery edge of a precipice, and if their steps slide ever so little they will be hurled headlong into dissatisfaction, malignancy and black magic. The Psalmist speaks of these with powerful imagery in the seventy-third psalm.

The last group of men of whom we shall speak is those who concentrate all their powers upon the appearance of virtue; the impression they labor to produce upon the world is one of superior sanctity, spiritual advancement and worth. These are hypocrites, and like the other groups live so as to reap as much as possible from the present.

Here are seven groups of men, or seven attitudes of mind into which the best of us may stumble in a weak moment. They all have one point in common, and this point it was that dictated the present writing: they all live with a view to the present alone, or principally. Not duty but *present* impulses, worldly interests, indulgence, passion, desire, slavery to the environment and to selfish aims with regard to the present life—all these build up a rugged line upon the face of our dial so that the needle can no longer swing freely, true to the Divine Impulse. He who lives for the present alone, or chiefly, is mistaking the aim of life, and if he persists, he will surely find himself sooner or later shut into one of the divisions we have indicated, on the wrong side of the line.

When we find ourselves straying or weakening in the realization of our ideals let us remember the fleeting nature of the present and the ever-presence of the Eternal.

"Live in the Eternal," say the ancient Sages, "for the Eternal alone can come to thine aid."

## CHILDREN'S BRANCH OF YOUNG PEOPLE'S SECTION

A Children's Branch of the Young People's Section of the O. E. S. has recently been organized. A library of children's books including fairy tales and folk lore from a dozen different parts of the world, is placed at the disposal of its members. A selecting committee marks those stories in each book which seem best from an Esoteric Standpoint. Children who are members of this Branch of the Y. P. S. are invited to correspond with the older members.

An Advisory Council, especially for the benefit of mothers and teachers, considers problems of education and training of children. Mrs. Marion Foster Washburne, Director of Esoteric Work in the Elgin Branch of the O. E. S., whose books and lectures on child study are well known, is at the head of the Advisory Council, which also includes two kindergarteners and a teacher.

For further particulars address

DOROTHEA WASHBURNE, *Secretary-in-Charge*,  
Children's Branch, Y. P. S., O. E. S.,  
600 Villa Street, Elgin, Illinois.

## BOOK NOTES

Five Years of Theosophy, 2d edition.....	2.00	(.12)
The Blues, Cause and Cure, <i>Dr. Albert Abrams</i> ..	1.50	(.12)
Salesmanship, Department and System; a Text- book for Department Store Service, <i>Wm. A.</i> <i>Corbion</i> .....	1.00	(.10)

*Five Years of Theosophy; Mystical, Philosophical, Theosophical, Historical and Scientific Essays Selected from The Theosophist.* Very few theosophists are lucky enough to possess the first five volumes of The Theosophist magazine, which appeared under the editorship of Madame Blavatsky. This volume of nearly four hundred pages contains the best articles reprinted, and is well indexed. It treats of various subjects dear to theosophists. Personally we find the articles giving the personal experiences of several people with Mahatmas of the greatest value and interest. It is just this point which has been most bitterly attacked and ridiculed; independent evidence is therefore especially welcome. The book is uniform with the new edition of *Isis Unveiled*.

*The Blues.* To one who is suffering from a profound fit of melancholy it will be consoling to know that he is merely the victim of an attack of splanchnic neurasthenia, caused by stagnation of the blood in the abdominal vessels. This prevents the liver and kidneys from getting a chance to work; the poisons are carried to the brain and cause the blues.

If your fire does not burn, you do not treat it with Christian Science or psycho-therapeutics, nor do you tell it of the unlimited supply of oxygen which exists everywhere and is its by right, and which can be had by demanding it long enough and hard enough. You go to work with a poker and give it a chance to get air. And also, if you are sensible, when you have the blues you will not sit down and read new thought books, and try to persuade your brain to work with poison laden blood, but you will do some stoking; you will adopt such tactics as will make the blood move faster and have a chance to be purified. This is a purely mechanical matter, and is effected by exercising the proper muscles. Half of what you think your bad Karma is due to a torpid liver, and pure blood and optimism go together. *Dr. Abrams' book* is a thoroughly scientific one, addressed primarily to the medical profession, but comprehensible and instructive to the layman. The author is a recognised authority, and the work is in its fourth edition. Full directions for appropriate physical exercises are given. If you are as sick as we are of reading books on health written by people who are without a knowledge of the rudiments of physiology and who talk as if the solar plexus were a collapsible rubber tube, you will find this book most refreshing, and the information you will get will be knowledge, not bosh.

*Salesmanship, Deportment and System; a Text-book for Department Store Service.* Salesmen are of two kinds, those who go gunning after customers and those who stand and wait, the traveling salesman and the shop salesman. This is a book for the man or woman who stands behind the counter, as well as for those who have to employ them. It is full of suggestion as to the proper way of meeting customers, as well as of details on the handling of checks, cash, parcels, etc. Large department stores maintain an instructor, and the author was instructor in Wanamaker's and other large stores in Philadelphia. We believe that every salesman or woman should study this book and would find it an aid to advancement. Although we have never stood behind a counter, we appreciate it most fully from the customer's point of view.

### BOOKS RECEIVED

*Notices of these books will be given in the BULLETIN as soon as possible*

A Practical Treatise on Banking and Commerce, <i>George Hague</i> .....	3.00	(.22)
Reminiscences; Composed of Actual Mail Order Experiences, <i>W. Leonard Berkwitz</i> .....	1.00	(.10)
Ups and Downs of the Mail Order Business, <i>W. Leonard Berkwitz</i> .....	1.00	(.10)
Encyclopedia of the Mail Order Business, <i>W. Leonard Berkwitz</i> , illustr. (deposit).....	5.00	(.35)
The mail order business is regarded as one of the best fields for bright people with small capital.		
Trust Companies; Their Organization, Growth and Management, <i>Clay Herrick</i> (deposit).....	4.00	(.25)
Factory Organization and Administration, <i>Hugo Die-mer</i> , illustr.....	3.00	(.20)
Discusses the planning of factory buildings, organization, reports, function and routine of the departments, inspection methods, labor problems, wage systems.		
Gardening for Profit, <i>Peter Henderson</i> .....	1.50	(.13)
A standard work on market and family gardening.		
Practical Floriculture, <i>Peter Henderson</i> .....	1.50	(.13)
Gardening for Pleasure, <i>Peter Henderson</i> , illustr....	1.50	(.13)
For the amateur in the fruit, vegetable and flower garden, with descriptions for the greenhouse, conservatory and window garden.		
Landscape Gardening, <i>F. A. Waugh</i> , illustr.....	.50	(.05)
A clear, to-the-point treatise on the general principles governing outdoor art, with suggestions for their application.		
Home Floriculture, <i>E. E. Rexford</i> .....	1.00	(.10)
Personal and Household Accounting, <i>Anon</i> .....	1.00	(.09)
A book for recording the daily, weekly and monthly expenses and incomes for a term of three years.		



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(Subject to change without notice)

## BOOKS FOR SALE AND RENT BY THE ORIENTAL ESOTERIC LIBRARY

*Terms*—Unless otherwise noted, five cents a week or fraction of a week (time in transit not counted) and cost of transportation to borrower. Figures in ( ) show cost of transportation one way, but are to be disregarded if books are bought. Agreement to terms required *in advance*. Borrowed books may be bought, but rent for time in excess of two weeks must be paid. Address *The Librarian, O. E. L., 1443 Q Street, N. W., Washington, D. C.*

### Self and Sex Series

(By Rev. Sylvanus Stall, Dr. Mary Wood-Allen and Dr. Emma F. A. Drake)

What a Young Boy Ought to Know, <i>Stall</i> .....	1.00	(.09)
What a Young Man Ought to Know, <i>Stall</i> .....	1.00	(.10)
What a Young Husband Ought to Know, <i>Stall</i> , free list.....	1.00	(.10)
What a Man of Forty-Five Ought to Know, <i>Stall</i> ....	1.00	(.10)
What a Young Girl Ought to Know, <i>Wood-Allen</i> ....	1.00	(.09)
What a Young Woman Ought to Know, <i>Wood-Allen</i> ..	1.00	(.09)
What a Young Wife Ought to Know, <i>Drake</i> .....	1.00	(.10)
What a Woman of Forty-Five Ought to Know, <i>Drake</i>	1.00	(.10)

### Nursing—Aid to the Injured

Handibook of Invalid Cooking, <i>Mary A. Boland</i> ....	2.00	(.15)
First Aid to the Injured, <i>H. Drinkwater</i> .....	.40	(.05)
Home Nursing, <i>Eveleen Harrison</i> .....	1.00	(.10)
Home Nursing; with Notes on the Preservation of Health, <i>Isabel McDonald</i> .....	.80	(.06)
How to Cook for the Sick, <i>Sachse</i> .....	1.25	(.12)
Practical Points in Nursing, <i>Emily M. A. Stoney</i> ....	1.75	(.15)
First Aid to the Injured, <i>F. J. Warwick</i> .....	.50	(.05)

A little knowledge of what to do before the doctor arrives would save many a life.

### Mental, Psychic and Spiritual Healing

Self-Healing by Thought Force, <i>Wm. W. Atkinson</i> ...		
.....paper, ..	.50	(.05)
The Brotherhood of Healers, <i>James Macbeth Bain</i> ...	.50	(.04)
"Being a message to all practical mystics, an appeal to all who are active in the will of blessing, and an introduction to the study of essential principles of spiritual, psychic and mental healing."		
Body and Soul, <i>Percy Dearmer</i> .....	1.50	(.13)
"Inquiry into the effect of religion upon health, with a description of Christian works of healing from the New Testament to the present day."		
Health and the Inner Life, <i>Horatio W. Dresser</i> .....	1.35	(.11)

"An analytical and historical study of spiritual healing theories, with an account of the life and teachings of P. P. Quimby."

Methods and Problems of Spiritual Healing, <i>Horatio W. Dresser</i> , not sold.....	(.07)
The Psychic Treatment of Nervous Disorders, <i>Dr. Paul Dubois</i> .....	3.00 (.17)
A standard work by an eminent Swiss specialist.	
Mental Hygiene in Everyday Living, <i>Alice Katharine Fallows</i> .....	boards.. .35 (.04)
The Law of Mental Medicine, <i>T. J. Hudson</i> .....	1.50 (.10)
Mind, Religion and Health; with an Appreciation of the Emmanuel Movement, <i>Robert MacDonald</i> ..	1.30 (.12)
Self-Help for Nervous Women; Familiar Talks on Economy in Nervous Expenditure, <i>J. Kearsley Mitchell</i> .....	1.00 (.10)
The Will to be Well, <i>Charles Brodie Patterson</i> .....	1.20 (.11)
Death Defeated, the Psychic Secret of How to Keep Young, <i>J. M. Peebles</i> .....	1.13 (.12)
Mesmerism and Christian Science; a Short History of Mental Healing, <i>Frank Podmore</i> .....	1.50 (.12)
The Emmanuel Movement in a New England Town, <i>Lyman P. Powell</i> , illustr.....	1.25 (.11)
Psychic Healing, <i>Ramacharaka</i> .....	1.00 (.10)
Nervousness; Brief and Popular Review of the Moral Treatment of Disordered Nerves, <i>A. T. Schofield, M. D.</i> .....	.50 (.05)
Healing, Mental and Magnetic, <i>R. Dimsdale Stocker</i> , free list.....	.50 (.04)
Experiences in Self-Healing, <i>Elizabeth Towne</i> .....	.50 (.04)
Health and Wealth from Within, <i>Wm. E. Towne</i> ....	1.00 (.07)
The Way to Perfect Healing, <i>Wm. E. Towne</i> ..paper	.50 (.04)
The New Science of Living and Healing, <i>Wallace D. Wattles</i> .....	paper.. .50 (.04)
The Science of Being Well, <i>Wallace D. Wattles</i> .....	1.00 (.07)
Christian Religion as a Healing Power; Defense and Exposition of the Emmanuel Movement, <i>Elwood Worcester and S. McComb</i> .....	1.00 (.10)
Religion and Medicine, <i>Worcester, McComb and Coriat</i> .....	1.50 (.13)
Only official book of the Emmanuel Movement.	

### Hypnotism—Suggestion—Auto-Suggestion

Suggestion and Auto-Suggestion, <i>Wm. W. Atkinson</i> ..	1.00 (.10)
Explanation of suggestion, description of different kinds of suggestion, value in training of children, in character building, in business and upon the health.	
Hypnotism and Treatment by Suggestion, <i>J. Milne Bramwell</i> .....	1.75 (.09)
(Classified List continued in the following BULLETIN.)	

## OUT OF THE SHADOW

Out of the shadow, into the shine!  
 Live in the glorious Presence divine.  
 Drink of His fullness, drink of the light :  
 Live in the aether that flashes so bright.

Out of the shadow, into the sun !  
 Know that thy heavenly life has begun.  
 Bask in the sunlight, soar in the blue,  
 Mount to the region where angels peep through.

Out of depression into the air !  
 Shake off thy sadness and banish thy care.  
 Shine as the sun shines, love as he loves,  
 Then shall thy sorrows be harmless as doves.

Open thy windows, open thine eyes !  
 See what surrounds thee close by in the skies—  
 Open thy being ! Heaven's within !  
 Burst through the veiling transparently thin !

Loving and shining, thou shalt reveal  
 Depths that the shadows of darkness conceal,  
 Depths full of glory, when thou canst lend  
 Light that the indwelling Spirit doth send.

Out of the shadow ! Live in the Light.  
 Know that each action is done in His sight.  
 Closely it presses, Presence divine !  
 Out of the shadow and into the shine.

—Ariel